

MCC Spiritual Growth Assessment

“Test yourselves to make sure you are solid in the faith. Don’t drift along taking everything for granted. Give yourselves regular checkups... Test it out. If you fail the test, do something about it.”
2 Corinthians 13:5 (The Message)

Directions:

This tool is most helpful when taken in a quiet space that is as distraction free as possible. It is designed to help you assess your own spiritual growth and help you identify areas God is calling you to grow in. The questions are based on the 6 Rhythms of Spiritual Growth at MCC: COMMUNITY, WORSHIP, PRAYER, BIBLE STUDY, GIVING and SERVING.

Begin with a brief prayer to calm your senses and ask the Holy Spirit to search your heart. Let God know you want *His* will in your life. Once you feel ready, begin the assessment.

Take as much time on each question as you need -- it’s not a timed test! Some questions will likely be quick to answer, while others may require some deeper reflection. Give room for God to speak as you go through the assessment.

COMMUNITY

No one is meant to stand alone. God paints the picture of His Church as parts of one body. Connection with others is essential to our growth as a follower of Jesus.
(Hebrews 10:24-25, Galatians 6:2, 1 Corinthians 12:25-27, Romans 12:4-5)

Think of the relationships with other believers in your life and consider these questions:

1. Do I gather regularly with a group of Christians for fellowship and accountability?
2. How well do people know me, including my deepest struggles and achievements in life?
Am I genuinely open and honest about who I am?
3. Who are my closest friends that are pursuing Christ in the same way I desire to pursue Him? Who are my 3:00am friends who would stand with me through anything?
4. How well do I receive advice, encouragement, and correction from others? Do I have anyone who keeps me accountable to living with integrity, and who asks me the hard questions that encourage me to grow in faith and self control?
5. Is there anything in my relationships that is currently unresolved? Is there someone God is calling me to forgive?

Rate your spiritual maturity in the area of COMMUNITY on a scale of 1-10 (1 is just starting, 10 is fully mature).

WORSHIP

This begins with a commitment to attend weekend services on a regular basis, but is not limited to just Sundays. We are to worship God in all aspects of our life.

(John 4:23-24, Psalms 150:6, Romans 12:1-2)

Consider your commitment to worshipping God as first in your life, and answer the following questions:

1. How much of a priority do I put on attending church every Sunday? How critical is it to your daily walk with Jesus?
2. In what ways do I practice a biblical sabbath each week? Do I set aside this day to rest from work, spend time with God, be present with others around me, and intentionally seek to be refreshed by the Lord? Are you experiencing refreshment from these times?
3. If you're honest, is Jesus your everything and top priority on a daily basis? What things in your life are competing with Jesus for first place, and what distractions are pulling you from a fully committed relationship with Him?
4. Is there anything in my life that I have not surrendered to God?
5. Are you the same person in public that you are in private? If not, what is different between these and why?

Rate your spiritual maturity in the area of WORSHIP on a scale of 1-10 (1 is just starting, 10 is fully mature).

PRAYER

God's desire is to be in relationship with us. He wants to hear from us AND speak to us. The Bible says we can do nothing apart from God, so prayer is essential.

(Hebrews 4:16, Matthew 6:9-13, Ephesians 6:17-18, 1 Timothy 2:1)

Give time to assess yourself in the area of prayer, and answer the following questions:

1. How much do I engage my full heart and attention to the Father when I pray? Is it something that is done in ritual (ie. grace before a meal), or do I make intentional time to give God my complete attention?
2. In what ways do I leave room for God to speak? Am I a good listener and strive to hear directly from the Father?
3. In what areas do I feel God calling me to grow in prayer? How am I doing in praying for others and their needs?
4. Are there areas of prayer I need to learn more about, like intercession, praying scripture, prayer while fasting, spiritual warfare, or something else?
5. Am I quick to confess anything in my character that does not look like Christ? How can I be more transparent with the Lord in my prayer life?

Rate your spiritual maturity in the area of PRAYER on a scale of 1-10 (1 is just starting, 10 is fully mature).

BIBLE STUDY

We believe the Bible is the Word of God. It is living and active, and therefore applies to our everyday life. The more we learn, the deeper our faith grows.

(2 Timothy 3:16-17, Romans 10:17, Hebrews 4:12)

Consider your knowledge of God's Word and how you interact with it as you answer these questions:

1. In what ways do I prioritize reading God's Word in daily life? How hungry am I to draw wisdom from the Bible in all areas of my life? Being completely honest with myself, how much time do I devote to studying God's Word?
2. How well do I know the Bible? Have I memorized any scripture passages lately?
3. As I read the Bible, am I allowing God to shape me and transform my heart through His Truth?
4. Is there a specific book of the Bible or topic I feel the Holy Spirit directing me to learn more about?
5. How do I allow God's Word to guide my thoughts and change my actions?

Rate your spiritual maturity in the area of BIBLE STUDY on a scale of 1-10 (1 is just starting, 10 is fully mature).

GIVING

We believe money is tied to the heart; that's why Jesus talks so much about it in the Bible. God desires that we grow in generosity toward Him and others.

(Malachi 3:8-12, Proverbs 3:9-10, Matthew 6:1-4, Matthew 6:19-21)

Consider how your heart reflects the generous nature of Jesus Christ and answer the following:

1. How is the state of my heart when it comes to giving and generosity as God directs? How difficult is it to give to others? Am I a generous person? Do I give from a heart of joy?
2. Do I practice the biblical tithe of 10%? If not, why?
3. Are there any areas in my personal finances that do not reflect Godly living? How can I make adjustments to fully honor the Lord with what He's blessed me with?
4. When an opportunity arises to help those around me, how do I generally respond? Is it important this is done publicly, or do I respond in secret?

5. Are there any opportunities to give beyond my regular tithe that the Holy Spirit is prompting me to support? Is there someone in my circle of influence who is in need that I can engage with?

Rate your spiritual maturity in the area of GIVING on a scale of 1-10 (1 is just starting, 10 is fully mature).

SERVING

James says faith and deeds go hand in hand. Basically, the love Jesus has for us spurs us on to love others in our church, community and around the world.

(John 13:34, Philippians 2:5-8, James 1:27, Galatians 5:13-14)

Think about God's call to serve others and answer these questions:

1. Do I have a servant's heart? In what ways do I practice putting others first before myself?
2. Am I serving in my local church and participating with work that God is doing through the Body of Christ? Am I currently serving God with the gifts and passions he has given me?
3. When was the last time I served someone outside the church? Have I participated in any service opportunities in the community recently?
4. How has God opened my eyes to how He is working around the world? Have I attended a mission trip, or worked with a ministry in helping different people groups know Jesus?
5. Am I growing in humility toward others? How am I allowing God to shape me into someone who loves others freely?

Rate your spiritual maturity in the area of SERVING on a scale of 1-10 (1 is just starting, 10 is fully mature).

OKAY, NOW WHAT?

What have you heard from the Lord? Look over your answers to the previous questions. Choose at least 2 rhythms you feel God is calling you to grow in next. Write them in the blanks provided, and then record an action step(s) you plan to start with.



RHYTHM (*This is where God is calling me to grow*): _____

MY NEXT STEP (*This is how I'm going to start*):

RHYTHM (*This is where God is calling me to grow*): _____

MY NEXT STEP (*This is how I'm going to start*):

COMMIT & TELL SOMEONE

Contact a trusted friend, small group member, family member, or pastor to share what you've learned. Ask them to pray for you as you pursue the Lord daily, and to periodically check in with you. There is something about including others that can help spur you on and challenge you in your spiritual growth.

MCC is here to help you in your journey of faith. If you would like any further help with determining your next steps toward spiritual growth, we encourage you to reach out to your small group leader or contact the church office at 812.234.7100 to reach a pastor.