

MAY  
2021

## Elementary

WEEKLY CUES

YOU GOT  
THIS!

### Theme

# 5K: Run the race

Commitment is making a plan and putting it into practice.

### Week Three

Model Prayer  
Luke 11:1-4

### Say This

Practice praying to God.

### Do This



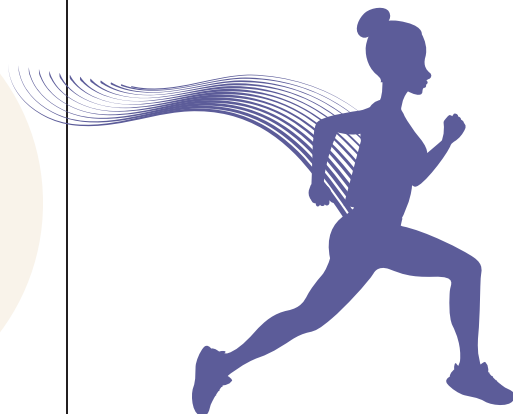
### Bed Time

Love God and love others. What are some practical ways that you can show love to God and to others? It doesn't mean that you won't face stormy situations—but it does mean that God will equip you to weather them without falling apart. Pray that you will make choices this week that build a strong foundation by showing love to God and to others.



### REMEMBER THIS

“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.”  
1 Timothy 4:8, NIV



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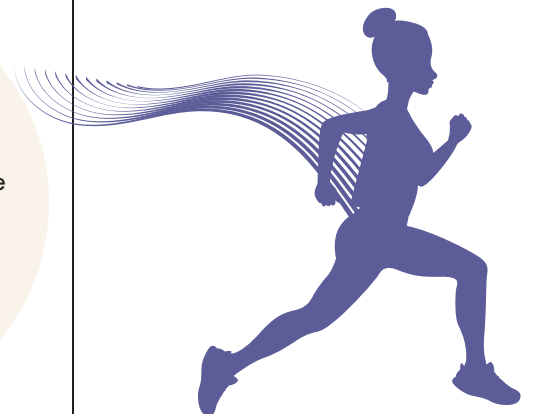
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